

## **Background on the sport of Rogaining**

30 years ago, Rod, Gail, and Neil Phillips, the founders of Rogaine, observed that the hiking competition at that time required all participants to follow the same sequence in visiting the set check points. All participants competing in the race could only follow the others for the same direction which could never provide an opportunity for them to test their own navigation and mountaineering skills. Hence, the founders created Rogaine, which requires participants to set their own route for the cross-country navigation race. Rogaine was then started near Melbourne during the 1970s and by word-of-mouth extended across Australia, then to NZ, USA, Canada, Germany; 20 countries are now affiliated with the International Rogaining Federation based in Melbourne. The International Rogaining Federation would hold the World Rogaining Championships in different parts of the world bi-annually which attracts thousands of Rogainers each time. There are an estimated 15,000 rogainers worldwide.

Rogaine was introduced by The Hong Kong Award for Young People (**AYP**) in 2007. **AYP** has over 26 years of holding large scale orienteering competitions and has been the pioneer in holding professional expedition courses for young people in Hong Kong. Our experienced instructor, Mr. Ng Kam Fu participated in the World Rogaining Championship and was surprised to find that Rogaine shared similar values with **AYP**. Hence, he brought Rogaine to Hong Kong.

Rogaine is an all-rounded challenge which matches perfectly with the all-rounded development promoted by **AYP**. Both Rogaine and **AYP** encourage young people to meet challenges, explore their potentials, grow and learn through determination. Now, Rogaine has become the annual fundraising event of **AYP**. The organizer would hold 6 hrs and 24 hrs race for every alternate year. **AYP** hopes the public could know more about **AYP** through Rogaine and raising more funds at the same time to create more and more opportunities for Hong Kong youth development.

### **AYP Rogaine Statistics:**

2007– 2018 accumulated participation: more than 9300 pax.

Event area: Sai Kung (2007, 2010, 2017, 2018), Lantau Island (2008, 2009, 2015, 2016), Western Central N.T. (2011, 2012), North East and Southern Central N.T. (2013), Southern Central N.T. (2014)

AYP Rogaine website: <http://www.ayprogain.com>

International Rogaining Federation website: <http://www.rogaining.com/>